







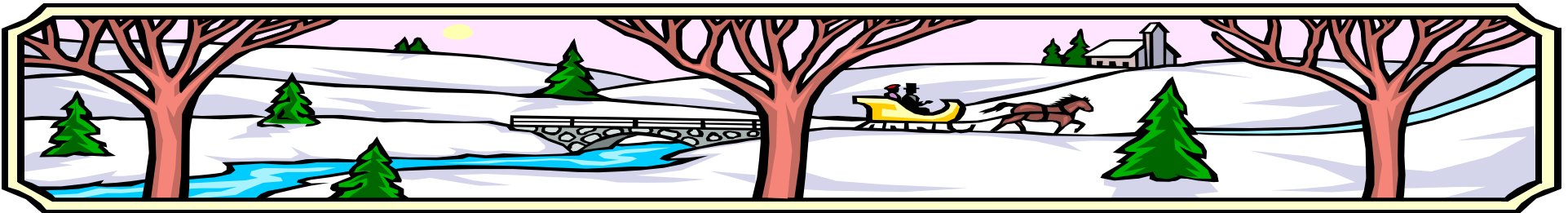
JANUARY



LIBERTY COMMONS ACTIVITIES CALENDAR 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Coffee Social and Current Events 11:30 Trivia Visits 2:30 OP Active Games 2:30 SH Bingo 3:30 Movie 3:30 OP Puzzles	2 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Coffee Social 1:00 Personal Visits 2:30 SH Bingo 2:30 OP Puzzles and Games 3:30 Music Favorites 3:30 OP Puzzles	3 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Coffee Social 10:30 Worship Service w/Robin Rank SH 11:00 Trivia 1:00 Personal Visits 2:30 Winter Concert with Dave Cuddy 3:30 Old TV Show	4 9:00 Early Birds AR 10:00 Sittercise OP 10:00 Exercise Class 11:00 Coffee Social 1:00 Personal Visits 2:30 SH Bingo 2:30 OP Active Games 3:30 Movie Matinee 3:30 OP Music Relax	5 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 10:30 Coffee Social 1:00 Personal Visits 2:30 Hot Chocolate and Art Therapy 3:30 Residents Choice Movie	6 9:00 Early Birds AR 10:00 Exercise Class 10:30 Coffee Social 11:00 Spelling Bee 1:00 Personal Visits 2:30 OP Art Class Snow Men Making 2:30 SH—Word Game "New Year" 3:30 Movie Matinee 
7 9:00 Early Birds AR 10:00 Sunday Devotional 10:30 Fellowship 10:30 PB Catholic Service 11:00 Sunday Paper 1:00 Personal Visits 2:30 Crafts Social 3:30 Movie Matinee	8 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Coffee Social and Current Events 11:30 Trivia Visits 2:30 OP Active Games 2:30 SH Bingo 3:30 Movie 3:30 OP Puzzles	9 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Coffee Social 1:00 Personal Visits 2:30 SH Bingo 2:30 OP Puzzles and Games 3:30 Music Favorites 3:30 OP Puzzles	10 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Worship Service w/ Todd Cashdollar 11:30 Trivia 1:00 Personal Visits 2:30 DR <i>The Music of Ken Leray</i> 3:30 Old TV Show	11 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise SH 10:30 Current Events OP 11:00 In the news SH 11:30 Music 1:00 Personal Visits 2:30 OP Ring Toss 2:30 SH Bingo 3:30 Movie Matinee 3:30 OP Music Relax	12 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Group SH 10:30 <i>400 East Lunch Outing</i> 11:30 Cape Cod Trivia 1:00 Personal Visits 2:30 Snow Flakes 2:30 Art Therapy 3:30 Residents Choice Movie 3:30 OP Puzzles	13 9:00 Early Birds AR 9:45 Rooster Club AR 10:30 Coffee Social 11:00 Trivia 1:00 Personal Visits 2:30 OP Tea Party 2:30 SH Word Game OO-words 3:30 Movie Matinee 
14 9:00 Early Birds AR Devotional 10:30 Fellowship 10:30 PB Catholic Service 11:00 Sunday Paper 1:00 Personal Visits 1:30 Football Playoffs 2:30 Basketball and Hot Chocolate 3:30 Movie Matinee	15 9:00 Early Birds AR 10:00 Sittercise OP Coffee Social 11:00 <i>ML King Day Group</i> 2:00 Companion Animals 2:30 Bingo MLK Bingo 3:30 OP Puzzles 3:30 Movie Matinee 	16 9:00 Early Birds AR 10:00 Sittercise OP 10:00 Exercise Class 10:30 Coffee Social 10:30 Art Conversation w/ Cape Cod Museum of Art 11:30 Cape Cod Trivia 2:30 SH Bingo 2:30 OP Puzzles 3:30 Music Favorites 3:30 OP Puzzles	17 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Worship Service w/ Reverend Joe D/R 11:15 Coffee Social and Current Events 11:30 Music Time OP 1:00 Personal Visits 2:30 <i>Elvis Presley Show w/ Kalifornia Karl</i> 3:30 Travel Video	18 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Coffee Social and Current Events 11:00 Trivia 11:30 Music Relax 1:00 Personal Visits 2:30 OP Service Club 2:30 SH Bingo 3:30 Movie Matinee	19 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Coffee Social 11:30 Reminiscence 2:30 Geography OP 2:30 SH Women's Group 3:30 <i>ASMF Cape Cod Conservatory Concert</i> 3:30 Movie 3:30 OP Puzzles	20 9:00 Early Birds AR 10:00 Coffee Social 10:30 News Events 11:00 Nail Painting 1:15 Book Cart/ Personal Visits 2:30 Craft SH 2:30 OP Tea Party/ 3:30 Oldtyme TV
21 9:00 Early Birds AR 10:00 Sunday Devotional 10:30 Fellowship 10:30 PB Catholic Service 1:00 Personal Visits 1:30 Football Playoffs 2:30 Halftime Social 3:30 Movie Matinee	22 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Coffee Social and Current Events 11:30 Trivia Visits 2:30 OP Active Games 2:30 SH Bingo 3:30 Movie 3:30 OP Puzzles	23 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Coffee Social & Current Events 11:00 Short Stories 11:30 Cape Cod Trivia 1:00 Personal Visits 2:30 SH Bingo 3:30 Music 3:30 OP Puzzles	24 9:00 Early Birds AR 10:00 Sittercise OP 10:30 St. Christophers Worship service D/R 11:30 Trivia 2:30 <i>DR Sid Baron Show</i> 3:30 Good Old Days Movie	25 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Coffee Social 2:30 SH Bingo 2:30 OP Active Games 2:30 <i>Resident Council Meeting</i> 3:30 Movie Matinee 3:30 OP Music Relax	26 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Coffee Social 11:00 Name Five 11:30 Trivia 1:00 Personal Visits 2:30 Service Group 3:00 Men's Group 4:00 Travel Video	27 9:00 Early Birds AR 10:00 Coffee Social 10:30 News Events 11:00 Nail Painting 1:15 Activities Cart 1:00 Personal Visits 2:30 OP Arts & Crafts 2:30 SH Word Game/Snowman 3:30 Movie Matinee
28 9:00 Early Birds AR 10:00 Sunday Devotional 10:30 Fellowship 11:00 Sunday Paper 1:00 Personal Visits 1:00 Heart Decorating 2:30 Hot Chocolate & Sunday Matinee 3:30 Travel Video	29 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise 11:00 Coffee Social w/ Current Events 1:00 Personal Visits 2:30 OP Active Games 2:30 SH Bingo 3:30 Music 3:30 OP Puzzles	30 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Exercise 11:30 Short Stories 1:00 Personal Visits 2:30 OP Volleyball 2:30 SH Bingo 3:30 Music favorites 3:30 OP Puzzles	31 9:00 Early Birds AR 10:00 Sittercise OP 10:30 Worship Service w/ Reverend Joe D/R 11:15 Coffee Social and Current Events 11:30 Music Time OP 1:00 Personal Visits 2:30 <i>Paul Ashley Birthday Party</i> 3:30 Travel Video	Key ~ PB - Pleasant Bay Dining Room DR- Dining Room AR- Activities Room SH-Stage Harbor Day Room OP-Oyster Pond North Day Room	 * Catholic Worship Sunday at 10:30 first three Sundays of each month * Christian Services Wednesday 10:30 in the Main Dining Room	

Activities Calendars are subject to change.



Happy New Year from the Residents & Staff of Liberty Commons

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