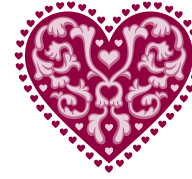











February



LIBERTY COMMONS ACTIVITIES CALENDAR 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p>Liberty Commons 390 Orleans Road, North Chatham, Ma 02650 (508) 945-2611, Ext 245 (fax) 508-945-2245</p> </div> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 10px;">   </div>					<p>1</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Ground Hog Weather Forcast 11:30 Reminiscer 2:30 OP Finger Painting 2:30 SH Bingo 3:30 Residents Choice Movie 3:30 OPN Puzzles</p>	<p>2</p> <p>9:30 Early Birds AR 10:00 OP Group Sittercise 10:30 Exercise Grp. On Stage Harbor 11:00 Ground Hog Day 1:00 Personal Visits 2:30 OP Hot Chocolate SH-OP Name Game 3:30 Movie Matinee</p>
<p>3</p> <p>9:30 Early Birds AR 10:00 Sunday Devotional 10:30 "Super Bowl Sunday" 11:00 Sunday Paper 1:00 Personal Visits  2:30 Super Bowl Party 3:30 Pre-game show</p>	<p>4</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class on Stage Harbor 11:00 OP Trivia 11:00 Word Game SH 1:00 Personal Visits 2:30 OP Painting 2:30 SH Bingo 3:30 Movie Favorites 3:30 OPN Puzzles</p>	<p>5</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise SH 11:00 Current Events 11:30 The Year of the Pig OP  11:30 Music Relax SH 2:30 OP Noodleball Game 2:30 SH Bingo 3:30 Travel Video 3:30 OPN Puzzles</p>	<p>6</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Daily Chronicles OP 10:30 Exercise Group SH 11:00 Trivia OP 11:00 Questions of Day ! SH 11:30 Word Game 2:30 Music with Dave Cuddy D/R 3:30 Movie Matinee</p>	<p>7</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Questions of the Day OP 11:00 Trivia SH 11:30 Who said that? 2:30 Active Game OP 2:30 SH Bingo 3:30 Residents Choice Movie 3:30 OPN Puzzles</p>	<p>8</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Group 11:00 Current Events 1:00 Personal Visits 2:30 OP Puzzles and games 2:30 Valentine Art 3:30 Residents Choice Movie 3:30 OPN Puzzles</p>	<p>9</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class on Stage Harbor 11:00 Current Events 1:00 Activities Cart and Personal Visits 2:30 OP Arts & Crafts 2:30 SH Word Game/ President 2:45 Men's Group 3:45 Movie Matinee</p>
<p>10</p> <p>9:30 Early Birds AR 10:00 Sunday Devotional 11:00 Fellowship 11:30 Who said that? 1:00 Personal Visits 2:30 Hot Fudge Sundae Social and Word Game 3:45 Matinee Movie</p>	<p>11</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 OP Trivia 11:00 Word Game 2:00 Catholic Mass PB 2:30 OP Painting 2:30 SH Bingo 3:30 Movie Favorites 3:30 OPN Puzzles</p>	<p>12</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Group 10:30 In the news OP 11:00 Trivia SH 11:30 Daily SH, OP Chronicle 2:30 OP Active Games 2:30 SH Bingo 3:30 OPN Puzzles 3:30 Movie Musical SH</p>	<p>13</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Worship Service w/ Todd Cashdollar 10:30 In the News OP 11:30 Daily Chronicles SH 1:00 Personal Visits 2:30 The Piano Man Ken Leray D/R 3:30 Old TV Show</p>	<p> 14</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Group 11:00 Coffee Social and Current Events 11:30 Trivia 2:30 Valentine's Day Party D/R 3:45 Love Matinees SH "The Notebook" OP "Love Story"</p>	<p>15</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Group 10:30 400 East Lunch Outing 11:00 Current Events 11:30 Word Game 2:30 Art group SH 2:30 Geography OP 3:30 Residents SH Choice Movie 3:30 OPN Puzzles</p>	<p>16</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class on Stage Harbor 11:00 In the News 2:30 Women's Group SH 2:30 OP Arts & Crafts 3:30 Movie Matinee</p> 
<p>17</p> <p>9:30 Early Birds AR 10:00 Sunday Devotional 10:30 Fellowship 11:00 Sunday Social 11:00 Sunday Paper 1:00 Personal Visits 2:30 Sunday Social & Trivia 3:30 Movie Matinee</p>	<p>18</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Group 11:00 President's Day Trivia  2:00 Companion Animals 2:30 OP Painting 2:30 SH Bingo 3:30 Movie 3:30 Music Relax OP</p>	<p>19</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Art & Conversation OP 10:30 Anagrams SH 11:00 Trivia SH 2:30 OP Bowling Game 2:30 SH Bingo 3:30 Travel Video 3:30 OPN Puzzles</p>	<p>20</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 LI Rev Joe Marchio 10:30 Daily OP Chronicles 11:15 Current Events 1:00 Personal Visits 2:30 Music with Julie Charland D/R 3:45 Old Tyme TV</p>	<p>21</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Group 11:00 Trivia 11:30 Questions of the Day!  2:30 Liberty Commons Hockey 3:45 Movie Matinee OP & SH</p>	<p>22</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Grp. SH 11:00 Current Events 11:30 Trivia OP, SH 1:15 Personal Visits 2:30 Word Game OP 2:30 Painting SH 3:30 OPN Puzzles 3:30 Residents SH Choice Movie</p>	<p>23</p> <p>9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class on Stage Harbor 11:00 Current Events 1:00 Activities Cart and Personal Visits 2:30 OP Arts & Crafts 2:30 Name 5 SH 3:30 Movie Matinee OP & SH</p>
24	25	26	27	28		

9:30 Early Birds AR	9:30 Early Birds AR	9:30 Early Birds AR	9:30 Early Birds AR	9:30 Early Birds AR		<i>Key ~</i>
10:00 Sunday Devotional	10:00 Sittercise OP	10:00 Sittercise OP	10:00 Sittercise OP	10:00 Sittercise OP	* <i>Catholic Worship</i>	<i>SH–Stage Harbor</i>
10:30 Fellowship	10:30 Exercise Class on Stage Harbor	10:30 Exercise Class on Stage Harbor	10:30 LI Saint D/R	10:30 Exercise Class	<i>Sunday at 11:00</i>	<i>Day Room</i>
11:00 Sunday Social	11:00 OP Trivia	10:30 "Famous OP <i>February Birthdays"</i>	Christophers Service	11:00 Questions of the Day SH	<i>first three Sundays</i>	<i>OP-Oyster Pond</i>
11:00 Sunday Paper	11:00 Word Game SH	11:00 Current Events	11:00 Word Game OP	11:30 Reminiscence OP	<i>of each month</i>	<i>North Day Room</i>
1:00 Personal Visits	1:00 Personal Visits	11:30 Music Relax OP	2:30 <i>Birthday Party</i>	2:15 Resident PB <i>Council Meeting</i>	* <i>Christian Services</i>	<i>L - Lobby</i>
2:30 Sunday Social & Trivia	2:30 OP Painting	11:30 ? of the Day SH	3:45 Good Old Days Movie SH	2:30 Active Game OP	<i>2nd, 3rd and 4th</i>	<i>PB - Pleasant Bay</i>
3:30 Movie Matinee	2:30 SH Bingo	2:30 OP Noodleball	3:45 Travel Video OP	2:30 SH Bingo	<i>Wednesday of month</i>	<i>DR– Dining Room</i>
	3:30 Movie Favorites	2:30 SH Bingo		3:30 Residents Choice Movie	<i>10:30a.m. Main D/R</i>	<i>AR- Activities Room</i> <i>on Stage Harbor</i>
		3:30 OPN Puzzles		3:30 OPN Puzzles	Calendars are subject to changes. * See Daily Unit Activity White Boards	

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