














March



LIBERTY COMMONS ACTIVITIES CALENDAR 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 9:30 Early Birds AR 10:00 Sunday Devotional 10:30 Fellowship 11:00 Sunday Paper 1:00 Personal Visits 2:30 Hot Chocolate & Irish Trivia 3:30 Sunday Matinee 	2 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Current Events 11:30 Trivia 1:00 Personal Visits 2:30 Active Games 2:30 SH Bingo 3:30 Movie 	3 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise SH 10:30 Current Events 11:00 Angagrams OP 1:30 Griefshare PB 2:30 SH Bingo 2:30 OP Active Game 2:30 SH Bingo with Sally 3:30 Travel Video	4 9:30 Early Birds AR 10:00 Sittercise OP 10:30 In the News OP 10:30 Worship with Pastor Mike Pratt 11:30 Daily Chronicles 1:00 Personal Visits 2:30 <i>Kalifornia Karl Show</i> 3:45 Old TV Show	5 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class and Current Events 11:00 Word Game OP 11:00 Trivia SH 1:00 Personal Visits 2:30 SH Bingo 2:30 OP Short Stories 3:30 Movie Matinee 3:30 Movie MatineeOP	6 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class and events 11:00 Word Game 11:30 Trivia 1:00 Personal Visits 2:30 Word Game SH 2:30 OP Geography 3:30 Movie Matinee 	7 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Nail Painting 1:15 Activities Cart 1:00 Personal Visits 2:30 OP Shamrock Making 2:45 Men's Group SH 3:30 Movie Matinee		
8 9:30 Early Birds AR 10:00 Sunday Devotional 10:30 Fellowship 11:00 DST DAY 1:00 Personal Visits 2:30 Ice Cream Social & Trivia 3:30 Sunday Matinee <i>Daylight Savings</i> 	9 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class w/ Current Events 11:00 Word Game 11:30 Trivia 1:00 Personal Visits 2:30 Active Games 2:30 SH Bingo 3:30 Movie 3:30 Puzzles OPN	10 <i>March Madness</i> 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise SH 10:30 Current Events 11:00 Angagrams OP 1:30 Griefshare PB 2:30 SH Bingo 2:30 OP Basketball 2:30 SH Bingo 3:45 Travel Video 	11 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Worship Service w/ Todd Cashdollar 10:30 Trivia OPN 11:15 Daily Chronicle 11:30 Trivia SH 1:00 Personal Visits 2:30 <i>Music with Ken Leray</i> 3:45 Old TV Show	12  9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class and Current Events 11:00 Brain Game 11:30 Today is? 1:00 Personal Visits 2:30 SH Bingo 2:30 OP Short Stories 3:30 Movie Matinee 3:30 Movie MatineeOP	13 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Cape Cod Trivia 1:00 Personal Visits 2:30 Arts & Crafts OP 2:30 Women's Club 3:30 Trivia SH 3:30 Movie MatineeOP	14 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:30 Meaning of the Shamrock 2:30 OP Flower Making SH Name Game 3:30 Movie Matinee 		
15 9:30 Early Birds AR 10:00 Sunday Devotional 10:30 Fellowship 11:00 Sunday Social 1:00 Personal Visits 2:30 Word Games OP 2:30 Trivia SH 3:30 Movie Matinee 3:30 Movie Matinee	16 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Word Game 11:30 Trivia 2:00 <i>Companion Animals</i> 2:30 OP Active Games 2:30 SH Bingo 3:30 Movie SH 3:30 Puzzles OPN	17  9:30 Early Birds AR 10:00 Sittercise OP 10:30 Art OP & Conversation 10:30 Exercise Class 11:00 Word Game 11:30 Trivia 1:30 Griefshare PB 2:30 Music on the pond <i>St. Patty's Day!</i> 2:30 SH Bingo 3:45 Music favorites	18 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Rev. Joe Marchio D/R 10:45 OP Social and Current Events 11:15 Trivia 1:00 Personal Visits 2:30 <i>The Piano Man Ethan Stone</i> 3:45 Old TV Show	19 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Brain Game OP 11:00 Current Events 1:00 Personal Visits 2:30 Resident Council PB 2:30 SH Bingo 3:30 Noodleball OP 3:30 Movie Matinee 3:30 Movie MatineeOP	20  9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 10:30 OP Word Game 11:00 Daily SH Chronicles 11:00 Trivia OP 2:30 Geograpy OP 2:30 Arts & Crafts SH 3:30 Residents Choice Movies SH, OP	21 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Nail Painting 1:00 Visits 2:30 OP Spring Collage 2:30 SH Word Game "Spring" 3:30 Movie Matinee		
22 9:30 Early Birds AR 10:00 Sunday Devotional 10:30 Fellowship 11:00 Sunday Paper 1:00 Personal Visits 2:30 Word Games OP 2:30 Trivia SH 3:30 Movie Matinee	23 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Word Game 11:30 Trivia 1:00 Personal Visits 2:30 OPN Basketball 2:30 SH Bingo 3:30 Opera Relax 3:30 Puzzles OPN	24 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Word Game 11:30 Trivia 1:30 Griefshare PB 2:30 OP Basketball 2:30 SH Bingo 3:30 Animal Video OP 3:45 Movie SH 	25 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Saint D/R Christopher's Service 10:45 OP Social Current Events 11:15 Trivia 1:00 Personal Visits 2:30 DR <i>Paul Ashley Birthday Party</i> 3:45 Old TV Show	26 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class and Current Events 11:00 Word Game 1:00 Personal Visits 2:30 SH Bingo 2:30 OP Noodleball 3:30 Movie SH 3:30 Movie MatineeOP	27 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 10:30 <i>400 East Lunch Outing</i> 11:00 Daily Chronicles 2:30 Arts & Crafts SH 2:30 OP Geography 2:30 Arts & Crafts SH 3:30 Residents Choice Movie SH, OP 	28 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Nail Painting 1:00 Visits 2:30 OP Spring Collage 2:30 SH Word Game 3:30 Movie Matinee SH, OP		
29 9:30 Early Birds AR 10:00 Sunday Devotional 10:30 Fellowship 11:00 Sunday Paper 1:00 Personal Visits 2:30 Word Games OP 2:30 Trivia SH 3:30 Movie Matinee	30 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Word Game 11:30 Trivia 1:00 Personal Visits 2:30 OPN Basketball 2:30 SH Bingo 3:30 Opera Relax SH 3:30 Puzzles OPN	31 9:30 Early Birds AR 10:00 Sittercise OP 10:30 Exercise Class 11:00 Word Game 11:30 Trivia 1:30 Griefshare PB Calendar Visits 2:30 OP Ring Toss 2:30 SH Bingo 3:30 Animal Video OP 3:45 Movie SH	Sunday at 10:30 * Catholic Worship Sunday at 10:30 PB Dayroom  * Christian Services Wednesday 10:30a.m. Main D/R				 Liberty Commons 390 Orleans Road, North Chatham, Ma 02650 (508) 945-4611, Ext 245 (fax) 508-945-2245	

DAIY ACTIVITIES ARE POSTED ON WHITE BOARDS NEAR THE UNIT NURSING STATIONS.